Children represent 24 percent of the population, but they comprise 34 percent of all people in poverty. Among all children, 45 percent live in low-income families and approximately one in every five (22 percent) live in poor families. Among our oldest children, adolescents 12 through 17 years of age, 41 percent live in low-income families and 19 percent live in poor families. Being a child in a low-income or poor family does not happen by chance. There are a range of factors associated with children’s experiences of economic insecurity, including race/ethnicity and parents’ education and employment. This fact sheet describes the demographic, socio-economic, and geographic characteristics of adolescents and their parents. It highlights the important factors that appear to distinguish low-income and poor children in this age group from their less disadvantaged counterparts.

How many adolescent children aged 12 through 17 years in the United States live in low-income families?

There are more than 24 million adolescents 12 through 17 years old in the United States.
- 41 percent – 10 million – live in low-income families.
- 19 percent – 4.7 million – live in poor families.

Adolescents by family income, 2011
The percentage of adolescent children living in low-income families (both poor and near poor) has been on the rise—increasing from 36 percent in 2006 to nearly 41 percent in 2011. During this time period, the overall number of adolescent children 12 through 17 years old remained relatively constant while the number who were low-income and poor increased by 12 percent and 20 percent, respectively.

### Has the percentage of adolescents living in low-income and poor families changed over time?

<table>
<thead>
<tr>
<th></th>
<th>2006</th>
<th>2011</th>
<th>Percent change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low-income</td>
<td>8,869,538</td>
<td>9,966,850</td>
<td>12%</td>
</tr>
<tr>
<td>Poor</td>
<td>3,915,175</td>
<td>4,695,538</td>
<td>20%</td>
</tr>
</tbody>
</table>

### What was the federal poverty level (FPL) in 2011?

- $22,350 for a family of four.
- $18,530 for a family of three.
- $14,710 for a family of two.

### Is a poverty-level income enough to support a family?

Research suggests that, on average, families need an income equal to about two times the federal poverty level to meet their most basic needs. Families with incomes below this level are referred to as low income:

- $44,700 for a family of four.
- $37,060 for a family of three.
- $29,420 for a family of two.

These dollar amounts approximate the average minimum income families need to make ends meet, but actual expenses vary greatly by locality. In 2011, the cost of meeting basic family needs was about $64,000 per year in Los Angeles for a family of four. In 2010, the cost was $57,000 in Newark, N.J., $47,000 in Billings, Mont., and $42,000 in Jackson, Miss.

### What is the 2012 federal poverty level (FPL)?

- $23,050 for a family of four.
- $19,090 for a family of three.
- $15,130 for a family of two.
How do adolescents compare to the rest of the population?

The percentage of adolescents in low-income families surpasses that of adults. In addition, children 12 through 17 years old are twice as likely as adults aged 65 years and older to live in poor families.

Does the percentage of children in low-income families vary by children’s age?

The overall percentages of children living in low-income and poor families mask important variation by age. Adolescents are less likely to live in low-income families than younger children.

- 47 percent of children under 12 years of age – 22.4 million – live in low-income families.
- 41 percent of children 12 through 17 years old – 10 million – live in low-income families.
Does the percentage of adolescents in low-income families vary by race/ethnicity?\(^5\)

Although black, American Indian, and Hispanic adolescents are disproportionately low income, whites comprise the largest group of low-income adolescents.

- 28 percent of white adolescents – 3.8 million – live in low-income families.
- 60 percent of black adolescents – 2.1 million – live in low-income families.
- 35 percent of Asian adolescents – 0.4 million – live in low-income families.
- 56 percent of American Indian adolescents – 0.1 million – live in low-income families.
- 42 percent of adolescents of some other race – 0.4 million – live in low-income families.
- 61 percent of Hispanic adolescents – 3.2 million – live in low-income families.

Does the percentage of adolescents in low-income families vary by parents’ country of birth?\(^6\)

- 60 percent of adolescents of immigrant parents – 2.7 million – live in low-income families.
- 37 percent of adolescents of native-born parents – 6.9 million – live in low-income families.
What are the family characteristics of low-income and poor adolescents?

Parents’ Education

Higher levels of parents’ education decrease the likelihood that a child will live in a low-income or poor family. Yet, 46 percent of low-income adolescents and 39 percent of poor adolescents have a parent with at least some college education.

- 82 percent of adolescents with parents who have less than a high school degree – 2.3 million – live in low-income families.
- 59 percent of adolescents with parents who have a high school degree but no college – 3 million – live in low-income families.
- 28 percent of adolescents with at least one parent who has some college or more education – 4.6 million – live in low-income families.

Parents’ Employment

Although adolescents with a full-time, year-round employed parent comprise almost half of the low-income population, they are less likely to be living in a low-income family, compared to adolescents with parents who work part-time/part-year or who are not employed.

- 27 percent of adolescents with at least one parent who works full-time, year-round – 4.9 million – live in low-income families.
- 72 percent of adolescents with at least one parent who works part-time or part-year – 3 million – live in low-income families.

Family Structure

Forty-eight percent of adolescents in low-income families – 4.7 million – and 38 percent of adolescents in poor families – 1.8 million – live with married parents.
Does the percentage of adolescents in low-income families vary by where they live?

**Region**

The percentage of adolescents in low-income families varies substantially by region.

- 33 percent of adolescents in the Northeast – 1.4 million – live in low-income families.
- 38 percent of adolescents in the Midwest – 2 million – live in low-income families.
- 44 percent of adolescents in the South – 4 million – live in low-income families.
- 43 percent of adolescents in the West – 2.5 million – live in low-income families.

**Type of Area**

Similarly, adolescents living in rural areas are more likely to live in low-income families compared to those living in urban areas.

- 40 percent of adolescents in urban areas – 7.6 million – live in low-income families.
- 46 percent of adolescents in rural areas – 1.7 million – live in low-income families.

**Residential Instability and Home Ownership**

Research suggests that stable housing is important for healthy child development. However, adolescents living in low-income families were about two times as likely as other children to have moved in the past year and more than three times as likely to live in families that rent a home.

- 17 percent of adolescents in low-income families – 1.7 million – moved in the last year.
- 8 percent of adolescents in families with higher income – 1.2 million – moved in the last year.
- 55 percent of adolescents in low-income families – 5.5 million – live with a family that rents a home.
- 17 percent of adolescents in families with higher income – 2.5 million – live with a family that rents a home.
Are adolescents in low-income families covered by health insurance? 

Consistent with research suggesting older children in general are particularly at risk of being uninsured, low-income and poor adolescents are more likely to be without health insurance coverage than their younger counterparts, with approximately 14 percent in low-income families and 13 percent in poor families reporting no insurance coverage of any kind. Although close to one-third (31 percent) of low-income adolescents are covered by private health insurance, public insurance reaches more than one-half (60 percent) of low-income children and nearly three-fourths (73 percent) of poor adolescents.

- 14 percent of adolescents living in low-income families – 1.4 million – are uninsured.
- 31 percent of adolescents living in low-income families – 3.1 million – are covered by private insurance.
- 60 percent of adolescents living in low-income families – 6 million – are covered by public insurance.

### Percentage of children uninsured in low-income and poor families by age, 2011

<table>
<thead>
<tr>
<th>Age</th>
<th>Low-income</th>
<th>Poor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 12 years</td>
<td>9%</td>
<td>8%</td>
</tr>
<tr>
<td>12–17 years</td>
<td>14%</td>
<td>13%</td>
</tr>
</tbody>
</table>

### Type of health insurance coverage among adolescents by family income, 2011

<table>
<thead>
<tr>
<th>Family Income</th>
<th>Private</th>
<th>Public</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low-income</td>
<td>31%</td>
<td>60%</td>
</tr>
<tr>
<td>Poor</td>
<td>19%</td>
<td>73%</td>
</tr>
</tbody>
</table>
This fact sheet is part of the National Center for Children in Poverty’s demographic fact sheet series and is updated annually. Unless otherwise noted, analysis of the 2011 American Community Survey (ACS) was conducted by Sophia Addy of NCCP. Yumiko Aratani provided feedback that contributed to the analysis. Estimates include children living in households with at least one parent and most children living apart from both parents (for example, children being raised by grandparents). Children living independently, living with a spouse, or in group quarters are excluded from these data. Children 14 years old and under living with only unrelated adults were not included because data on their income status were not available. Among children who do not live with at least one parent, parental characteristics are those of the householder and/or the householder’s spouse. Special thanks to Morris Ardoin, Amy Palmisano, and Telly Valdellon.

1. In this fact sheet, poverty is defined as family income less than 100 percent of the poverty threshold; low income is defined as family income less than 200 percent of the poverty threshold.

2. These numbers are from the federal poverty guidelines issued annually by the U.S. Department of Health and Human Services. The demographic findings in this fact sheet were calculated using more complex versions of the federal poverty measure – the thresholds issued by the U.S. Census Bureau. Please see http://aspe.hhs.gov/poverty/11poverty.shtml for the 2011 poverty thresholds. For more information on measuring poverty and the differences between the federal poverty guidelines and the thresholds, see the U.S. Department of Health and Human Services website.


4. These figures were derived from NCCP’s Basic Needs Budget Calculator.

5. In the most recent ACS, parents could report children’s race as one or more of the following: “White,” “Black,” “American Indian or Alaska Native,” or “Asian and/or Hawaiian/Pacific Islander.” In a separate question, parents could report whether their children were of Hispanic origin. For the data reported, children whose parent reported their race as White, Black, American Indian or Alaska Native, or Asian and/or Hawaiian/Pacific Islander and their ethnicity as non-Hispanic are assigned their respective race. Children who were reported to be of more than one race were assigned as Other. Children whose parent identified them as Hispanic were categorized as Hispanic, regardless of their reported race.

6. Adolescents living in households with one immigrant parent and one native-born parent (approximately 1.2 million) are not included in these estimates.

7. Parent’s education is the education level of the most highly educated parent living in the household. Parents can either have no high school degree; a high school degree, but no college; or some college or more.

8. Parent’s employment is the employment level of the parent in the household who maintained the highest level of employment in the previous year. Parents can either have no employment in the previous year, part-year or part-time employment, or full-time, year-round employment. Part-year or part-time employment is defined as either working less than 50 weeks in the previous year or less than 35 hours per week. Full-time, year-round employment is defined as working at least 50 weeks in the previous year and 35 hours or more per week for more than half the year.


10. People can report more than one type of insurance coverage. Children not covered by private or public health insurance at the time of the survey are considered uninsured.