Case workers in family court: A therapeutic jurisprudence analysis

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ABSTRACT

This study explores interactions between judges and caseworkers in child maltreatment cases. We examined the extent to which judges demonstrated therapeutic jurisprudence principles (TJ) in their courtroom interactions in light of past findings linking such practices with positive outcomes. Ninety-four child maltreatment proceedings were observed over a one-year period between 2012 and 2013. We found that while some judges created respectful, empathetic, and supportive environments that included caseworkers, other interactions were more negative. Although caseworkers had the most knowledge of, and experience with families, their participation was limited, and conversations were often directed through the attorneys. Shaming rituals also occurred, with judges criticizing workers for the quality of their work, the slowness of the bureaucracy, and other deficiencies. The findings highlight the importance of applying the principles of TJ to all court actors, especially in the family court milieu, where courtrooms are populated by a team of professionals who share the common goal of rehabilitating families when appropriate.

1. Introduction

Adjudicating child maltreatment cases is a complex-and often contradictory-mix of the legal and the social and psychological. Its scaffolding is the adversarial system, but its tools are those of a social worker. Its professional work group is also a hybrid, populated by both legal professionals, including judges and lawyers, and social service workers, mainly child welfare caseworkers. It requires judges and lawyers to think like social workers, and social workers to think like lawyers. Its conflicting demands, to both adjudicate guilt and “fix” families, result in often challenging and sometimes combative courtroom interactions.

This paper is part of a larger ethnographic study of child maltreatment proceedings in a traditional family court in an urban city. It draws on the theoretical framework of therapeutic jurisprudence (TJ), which provides a model for positive courtroom behaviors. TJ recognizes that legal processes and legal actors have extra-legal effects on litigants’ wellbeing. It recognizes that legal interactions are also social interactions, and that how people are treated in court not only matters, but can also affect outcomes. The overall goal of the study is to inform and improve courtroom practices in child maltreatment cases by delineating and illustrating the differences between positive and negative interactions, as defined by TJ.

The tenets of TJ are a natural fit with Family Court, whose explicit mission is to rehabilitate families and where parents’ psychological and social wellbeing is the target of change, rather than ancillary to the legal case. While neglect or abuse charges are adjudicated in trial-like procedures, most courtroom interactions are more informal and focused on the intimate details of a disrupted domestic life. There are typically wide ranging discussions about the parents’ progress and the status of family relationships. As the choreographer of the proceedings, the judge directs these discussions, setting their tone and tenor.

The study’s first set of findings focused on the courtroom exchanges between judges and parents, and described the range of judicial styles when interacting with parents. It found that on one end of the spectrum were judges, contrary to the precepts of TJ, who engage little, or not at all with parents, preferring to speak only to the professional court actors. When they did speak to parents they often used shaming rituals, criticizing or lecturing them (Lens, in press). On the other end of the spectrum, and less common, was a more therapeutic approach, with judges weaving participants into courtroom exchanges, engaging them in informational and decision-making dialogues, and praising and supporting them. That some judges, no matter how few, were able to transform non-therapeutic courtrooms into therapeutic ones suggests that TJ and other problem-solving techniques can be effectively deployed in even the most overburdened and under resourced of traditional family courts (Lens, 2015).

As described below, much of the literature on TJ has focused on the recipients of legal action, respondents or defendants. Missing are studies that focus on other essential actors in the courtroom. This paper examines the interactions between judges and a key player in child maltreatment cases, child welfare caseworkers. Caseworkers are responsible for gathering information, assessing families, and making recommendations. Their written reports inform what the court does, and they are often physically present in the courtroom, providing testimony or information. As the professional tasked with rehabilitating families,
caseworkers also have an ongoing and active presence in parents’ daily lives. Their interactions with judges thus reverberate beyond the courtroom. For example, a judge who models negative behavior, by berating or criticizing a child welfare worker in the presence of a parent, may be encouraging the parent to disrespect or disregard the worker, while more positive interactions can do the opposite.

1.1. Caseworkers’ roles and responsibilities in child maltreatment proceedings

The work of a child welfare caseworker is one of contradiction and conflict. They are at once partners and adversaries; their allegiance is to the child, whose safety must be protected, but much of their focus is on rehabilitating parents (Beckett, McKeigue & Taylor, 2006; Butler, Atkinson, Magnatta & Hood, 1995). They carry a large stick—the threat of removing a child from the home or keeping a child in foster care—while also dispensing the carrots of support and resources to parents. The information they gather during an investigation may help parents, but also may hurt them, and may be used against them. This conflict is embodied in federal law, which requires that reasonable efforts be made to preserve families while at the same time protecting children from harm.

This conflict is even more pronounced when child maltreatment cases are adjudicated in family court. The setting is adversarial, and hence only heightens the conflict between two disciplines, social work and law, whose professional values can collide. While law emphasizes zealous advocacy, adversarial relationships, and formality, social work values empathy, a holistic approach, and more informal helping mechanisms (Van Wormer, 1992). Negotiating these differences in an adversarial setting is difficult, with territorial conflicts over which tasks are legal and which involve social work. Conflicts can arise through all aspects of the proceeding, including when charges should be filed, the framing of allegations, who should testify, and what disposition should be sought (Russel, 1988).

There is ample evidence that caseworkers experience discomfort in family court (Ellet & Steib, 2005; Beckett, McKeigue & Taylor, 2006; Butler, Atkinson, Magnatta & Hood, 1995; Dickens, 2006; Faller, Grabarek, & Vandervort, 2009; Kisthardt, 2006; Knepper & Barton, 1997; Russel, 1988; Faller, Grabarek, & Vandervort, 2009; Van Wormer, 1992; Smith & Donovan, 2003)). Beyond parents, it is caseworkers who bear the brunt of this adversarial setting. Caseworkers can become scapegoats in the courtroom, blamed for not doing their job, and who often serve as targets of anger, hostility, and contempt. Caseworkers found, being older, white and male was associated with higher degrees of comfort in family courts (Faller, Grabarek and Vandervort, 2009).

Adjudication and rehabilitative efforts occur over a course of months, even years, and require repeated and regular court appearances. Caseworkers play a key role, and while much of their work occurs outside the courtroom, these regular court appearances serve as a public display and denouement of their efforts, and the family’s progress. Whether they ripen into occasions of support or shame is primarily in the hands of the judge, and the tone and tenor he or she sets. Therapeutic jurisprudence, described next, is one way to insure beneficial courtroom interactions.

1.2. Therapeutic jurisprudence and family courts

Therapeutic jurisprudence (TJ) emphasizes the social and psychological impact that law, legal procedures and legal actors (judges and lawyers) have on people and society, and strives for an outcome that enhances people’s wellbeing. It encompasses both the micro, or particular rules, laws and interactions, and the macro, or whole bodies of law (Wexler, 1993). The main child welfare statutory scheme—the federal Adoption and Safe Families Act—and the enhanced responsibility it gives to the court to ensure children “a safe, permanent and stable home,” is a natural fit with the principles of TJ. As Babb describes, Family Court judges function, in essence, as therapeutic agents, and “strive to protect families and children from present and future harms, to reduce emotional turmoil, to promote family harmony or preservation, and to provide individualized and efficient, effective justice” (Babb, 1996–97, p. 800).

Thus while Family Court judges preside in an adversarial setting, much of the focus is on motivating behavioral change, a task especially suited to TJ. TJ provides a helpful set of practices, drawn from the psychological and behavioral sciences, to influence behavior. Based on the principles of voice, validation, respect, and self-determination, it envisions a more active role for participants (King, 2009). In contrast to more formal adversarial proceedings, where attorneys do much of the talking, participants are encouraged to actively participate in court dialogues, including shaping solutions (King, 2009). Support and positive inducements are preferred over threats and coercion. Sanctions are available, but used sparingly, as an educational and reflective tool rather than a punitive one. More common are rewards for good behavior rather than sanctions for bad behavior (Fay-Ramirez, 2015).

TJ also values collaboration over conflict, and teamwork over winning legal arguments (Fay–Ramirez, 2015; Castellano, 2011; Winick, 2002–2003). Judges, thus, do more than preside over proceedings, maintaining order and issuing decisions. They also fulfill an essential leadership role, providing guidance, and even inspiration, to all of the various court actors working toward a common, rather than an adversarial, goal (King, 2009). As such, they are expected to model positive behavior while encouraging it in others. While traditional judges strike a passive, neutral pose, a therapeutic judge is more active and engaged, displaying compassion and empathy (Nolan, 2002).

TJ is used most often in more specialized problem-solving courts, where its effectiveness has been demonstrated. Several studies have shown that Family Treatment Courts, which incorporate therapeutic jurisprudence techniques for families with substance abuse problems involved in child maltreatment proceedings, resulted in fewer foster care placements and a greater likelihood that children would be returned to their parents as compared to children in traditional courts (Bruns, Pullman, Weathers, Wirschem & Murphy, 2012; Green, Furrer, Worcel, Burrus & Finigan, 2007; Worcel, Furrer, Green, Burrus & Finigan, 2008; c.f. Picard-Fritsche, Bryan, Kralstein & Farley, 2011). Several studies in the related arena of drug courts, which like family court proceedings require behavioral changes to achieve better outcomes, and where a TJ approach is more likely to be used, have found positive effects including better adherence to treatment plans and lower rates...
of recidivism (Satel, 1998; Senjo & Leip, 2001; Aos, Miller and Drake 2006; Latimer, Morton-Bourgon and Chretien, 2006; Downey and Roman, 2010; Rossman et al., 2011). While other variables may be at work, particularly in specially designed courts that offer enhanced access to resources and other benefits, these studies suggest that TJ techniques make a difference.

To be effective, such techniques need to encompass all courtroom participants. Courtrooms are their own eco-systems; how the judge acts and behaves toward all actors sets the tone, and reverberates around the room. Courts, like any organization, are also comprised of work groups guided by rules and informal norms (Knepper and Barton, 1997). This is especially the case in the family court milieu, where courtrooms are populated by a group of professionals who, while labeled as adversaries, have the common goal of rehabilitating families when possible. The work groups that crowd the courtroom of a typical child maltreatment case include, in addition to the judge, multiple attorneys (for the parent(s), the child(ren), and the agency) and at least one, and sometimes more, child welfare or other social service workers.

While part of the work group, caseworkers stand out. Unlike the legal professionals, they serve as witnesses. In urban areas, as in this study, they are likely to share the same ethnicity—African-American—as the parents (National Child Welfare Workforce Institute; See also Boyd, 2014). They also have ongoing relationships with parents out of court, and have more knowledge of the case than most other court actors. Thus, while higher status attorneys nearly always outnumber caseworkers, the latter are pivotal players. How they are treated and the extent to which they are involved in court can influence the course of the case.

Using ethnographic methods, this study dissects the nature of interactions between judges and caseworkers. It found that some judges created respectful, empathetic, and supportive environments that included caseworkers and, as found in the first set of findings, parents as well. Other interactions with caseworkers, however, replicated in form and substance the types of negative encounters that often took place between judges and parents. Although workers had the most knowledge of, and experience with families, their participation was limited, and conversations were often directed through the attorneys. Similar to how parents were treated, shaming rituals occurred, with judges criticizing workers for the quality of their work, the slowness of the bureaucracy, and other deficiencies. The failure to create a more collaborative environment also exacerbated the already lowly status of caseworkers among a work group of professionals largely composed of attorneys.

2. Methodology

This study draws on data from an urban Family Court located in a state in the northeastern United States. The data are the result of a focused ethnography, a type of sociological ethnography that examines specific and well-defined interactions, acts, or social situations in the field rather than an entire system or culture (Knoblauch, 2005). Focused ethnography is characterized by relatively short-term field visits and intensive data collection to observe specific structured events or activities. It is especially suited to the observation of courtroom interactions, which are a form of structured social interaction bound in space and time, with a well-defined beginning and end and cast of characters.

Ninety-four child welfare and abuse proceedings were observed over a one-year period between 2012 and 2013, with forty-six observations conducted by the first author, and forty-eight conducted by a research assistant. Caseworkers attended 73 of these hearings, sometimes in multiples, for a total of 98 caseworkers observed. All but 3 of the caseworkers were African-American or Latino. The respondents/parents observed were, with one exception, also African-American or Latino.

During the time period of the observations, nine judges were assigned to the Family Court. Eight of the nine judges were observed multiple times over multiple observation days, and with one exception, were observed both by the research assistant and the first author at different times. The use of two researchers observing the same site allowed observations to be crosschecked, thus increasing the trustworthiness of the data (Erlandson et al., 1993). The research was approved by an Institutional Review Board.

J udges were assigned cases randomly, and cases were not distinguished by level of severity. Thus each judge's caseload was similar to every other judge's. Seven judges were female, of which one was African American, and the rest Caucasian. The one male judge observed was Latino. The length of services on the bench ranged from one year to sixteen years, with the average length of service seven years.

Initially, all types of proceedings involving child abuse and neglect were observed, including initial intakes, emergency removal hearings, fact-finding hearings where charges of abuse or neglect are adjudicated, and dispositional or permanency planning hearings, where decisions are made as to where the child will live. Initial observations revealed a distinction between formal court processes, such as the taking of testimony, and less formal ones, where after a charge of maltreatment was adjudicated or admitted court actors discussed the family's progress and service needs. This study focused on the latter because they were more likely to involve rehabilitative efforts than adjudication.

During the hearings a detailed log was maintained, recording both what was said (as much as was able to be recorded) and other observations. These other observations include physical descriptions of the parties and the environment of the room; obvious states of emotions (e.g., anger, crying, laughter); the parties' demeanor, tone, and style (e.g., authoritarian, conciliatory, antagonistic); and affective quality of personal interactions (e.g., friendly, hostile, apathetic). Routine and standardized data for each hearing observation were also recorded. These include the parties present, the issue that prompted the hearing, and the length of the hearing. Field jottings and observations were transferred into full field notes immediately after actual observations. In-process memos were used to “identify and develop analytic themes” (Emerson, Fretz & Shaw, 1995, p. 100).

The data were analyzed using thematic analysis, which has been defined as a “method for identifying, analyzing and reporting patterns (themes) within data” (Braun & Clarke, 2006, p. 79; Guest, MacQueen & Namey, 2012). Line-by-line coding was conducted first. As an example, variations in participation were noticed, specifically that in some proceedings judges did not directly engage in conversation with caseworkers, while others did. The code “attorney middleman” was used when the judge spoke to the caseworker through the attorney and vice versa. The code “querying caseworker” was used for exchanges where the judge was information gathering, asking questions or otherwise gathering facts about the case from the caseworker. These and other codes were then used to develop the properties and dimensions of the themes “participation” and “non-participation.”

Similarly, line by line coding was used to develop the themes of “collaboration” or “conflict.” As an example, the code “blaming” was used when the judge spoke to the caseworker in a manner that either directly lays blame on him/her or implies that the caseworker is to blame for some problem or failing related to the present case. The code “supportive” was used when the judge praised, complimented or made encouraging comments to a caseworker. Nonverbal behaviors, including facial expression, tone, and demeanor were also captured with such codes as “furrowed brow,” a facial expression that one typically associates with anger or consternation, and “angry voice” which is characterized by a sharper, louder and more staccato speech (See Maroney, 2012).

Data sessions were also conducted between the first author and a research assistant, who, as noted above, also conducted observations. The purpose of these meetings was to compare our analyses and interpretations of the data, and to reach consensus on the defining themes and their properties and dimensions.
3. Findings

3.1. Participation or silence?

As noted above, of all the professional court actors caseworkers possess the most knowledge about a family. They visit the family outside of court, gather information about the family, and monitor their compliance with court-ordered services. Whether testifying in court, or appearing during the more informal conferences, they are key players as a child maltreatment case unfolds. Their importance though is seldom commensurate with their status. In the hierarchy of the courtroom they occupy a middle rung; they have less authority and status than judges and attorneys but more than parents. While caseworkers are part of the “work group” that comprises a child maltreatment case, they also stand apart, subject to the same oath as parents and other witnesses, and the same protective presence of an attorney. The latter especially sets the stage for their silence, because it is a rule and custom of the adversarial process to have attorneys speak for their clients.

While these protections are integral to the adversarial system, as described earlier many courtroom interactions are focused on rehabilitating parents and repairing family relationships rather than adjudicating guilt. These encounters consist of wide ranging discussions about the parents’ progress and the status of family relationships. As described next, some judges engaged caseworkers and wove them into the fabric of the proceedings. In contrast, in other instances caseworkers remained mostly silent during the proceeding, communicating with the judge through their attorney, if at all.

3.1.1. Engaged caseworkers

As described above, a bedrock principle of TJ is the value of participation, and the emphasis on teamwork to solve problems. The most visible and public manifestations of this are the periodic hearings where a family’s progress is monitored, and all of the various court actors, including caseworkers, come together. Some judges created a participatory, inclusive atmosphere, often turning to the caseworkers to clarify and elaborate on the family’s status or progress. In such instances, judges relaxed the rules of the adversarial process, speaking directly to caseworkers rather than though the attorneys, drawing them into the dialogue between the parties. They consulted directly with caseworkers on a range of matters related to their knowledge and expertise, such as the state of a child’s health, the living conditions in the home, or whether a parent had attended mandatory mental health services. Caseworkers filled in missing information, or provided new information, at times interjecting without being directly asked a question by the judge. In an illustrative example, as new information emerged that a child in foster care may be neglected, the caseworker fully participated in the ensuing dialogue, sometimes without prompting by the judge.

The judge asked to be updated on the family’s progress. The attorney for one of the children described a Facebook message posted by the child about waiting outside, hungry and in the cold after returning to the foster home from school. The judge asked if the child welfare agency knew about it, and how it was being handled. The caseworker responded that the agency was not aware of this, that they would take note and would engage in closer monitoring. The judge then established eye contact with the caseworker and asked directly about the child’s living conditions, speaking calmly and with a facial expression that conveyed concern and keen attention. The caseworker described the need to make more particular arrangements with the foster mother and for closer monitoring. After a discussion between the caseworker and the child’s attorney about the child lacking a key to get into the foster home after school, the judge asked if it “has happened multiple times?” The child’s attorney explained that it was a regular occurrence according to the reports. The judge in response asked “And she’s coming home in the dark, not able [to get in]?” Another caseworker, seated in back stood up, interjected: “This is the first we’re hearing about this...will follow up...can certainly remove her if appropriate.”

In another example, a caseworker similarly responded to unfolding events in real time, rather than quietly or passively waiting for the attorney to speak on her behalf. The judge asked how the mother was doing in her “program.” An attorney noted the mother’s imminent graduation from the program and that she wanted the child to attend. A caseworker, seated against the back wall of the courtroom (and not at counsel’s table) interjected that the agency would be closed that day, so no one would be available to bring the child, but that arrangements might be made “if [the mother] can identify someone to accompany [the child].” The child’s attorney requested that that person be identified as soon as possible. The caseworker responded by noting they were not notified of this, and that graduation is “not on a working day”, but that “it will be either that a (child welfare agency) approved person will bring the child to the agency or Ms. ___ (the foster mother) will bring [the child].”

As these excerpts illustrate, interactions were more free-flowing and fluid than the more structured dialogues characteristic of the adversarial process. The judges allowed, and even encouraged, the caseworkers to speak out of turn and on their behalf, thus creating a more participatory environment. The caseworker was positioned as an active and vital actor, on matters big and small, from a child’s safety to the logistics of arranging contacts between parent and child.

3.1.2. Silent caseworkers

Other times judges interacted little with caseworkers, addressing them not at all or indirectly through the attorney for the child welfare agency. During these times, judges chose to adhere more strictly to the rules of the adversarial process, and preferred speaking primarily to the attorneys, who served as “middlesmen” to other court actors, including caseworkers. Judges would ask attorneys questions within the province and knowledge of caseworkers, resulting in a cumbersome communication chain, with attorneys serving as an information conduit between the judge and caseworker.

In an illustrative example, the judge and attorney engaged in an exchange over a missing birth certificate required to complete a permanency plan, as the caseworker sits silently:

The judge asked the attorney for the child welfare agency whether the caseworker had the child’s birth certificate. The attorney responded “My client didn’t know she would need it.” The judge said: “That’s not what I’m asking. Does she have a copy of the birth certificate?” The attorney explained that the caseworker had the birth certificate “but unfortunately does not have it with her in her file today.” The judge responded: “So she will provide the child’s birth certificate to the court by 5pm today.” At the end of the exchange the caseworker rolled her eyes, leaned back in her chair and groaned quietly.

As this exchange illustrates, the caseworker was relegated to a silent role in the courtroom. Referred to in the third person as “she”, she was spoken about, and not to. Orders from the judge were communicated via an attorney, and again in the third person, without any input from the caseworker or inquiry as to whether the 5 pm deadline was reasonable given her other responsibilities. Her body language, accompanied by a soft groan, was her only visible means of communication.

In addition to their physical presence, often mandated, caseworkers also contribute to court proceedings through their written reports. Caseworkers’ reports are a staple of child maltreatment proceedings, and are the primary conduit for information about a family. They contain a trove of facts, gathered through a caseworker’s visits and other sources. They also include the caseworker’s assessment based on
those facts. They are one of the chief sources judge use to made deci-
sions, and many proceedings begin with the judge reading, either silent-
ly or sometimes out loud, from the report.

Judges, though, did not always solicit comments or clarifications
from caseworkers about their reports, even as they referenced them,
letting a caseworker’s written words, or an attorney’s summation of
them, suffice. An illustrative example involved a proceeding where it
was alleged that the mother violated an Order of Protection by allowing
the father to interact with the child. A request was made to remove the
child and return her to foster care. A dispute arose over the foster moth-
er and child’s relationship: the mother, through her attorney, expressed
concerns over the relationship while the opposing counsel described it
more favorably, referencing statements in the caseworker’s report to
support her characterization. The judge did not call upon the casework-
er (the author of the report, who was present) to expand upon this per-
spective, but, instead, looked to the attorney to do so.

Another example involved a permanency planning hearing for chil-
dren who were being placed in kinship care with their grandmother,
and where the judge referenced a caseworker’s report about the living
conditions, asking if there was enough space for all of the children.
The attorney noted that the worker was meeting with the children to
smooth their transition into the home and to negotiate the sharing of
space, which was limited and was a source of conflict. The judge did
not solicit any additional information from the caseworker about the
children’s living conditions, the space available, and the nature and ex-
tent of the conflict before making her decision to approve the perma-
nency plan.

As these examples illustrate, although caseworkers know and see
family members more frequently than lawyers or judges, their contribu-
tions were not always solicited at opportune times despite their value
and relevancy. Such moments suggested missed opportunities for
expanding upon the written evidence submitted by the caseworker,
and to hear in the caseworkers’ own words what they knew and
thought about a family’s situation.

To be sure, judges may have simply judged the information
contained in reports sufficient, without further elaboration, for render-
ing a decision. Relying only on the caseworker’s written words, and
those of the attorney, rather than engaging the worker in an extended
dialogue, are also time saving devices in very busy courtrooms. As stud-
ies of public welfare bureaucracies have shown, workers routinely rely
on shortcuts to allow them to process large numbers of cases (Lipsky,
1980, Brodkin, 1997; Maynard-Moody and Musheno, 2003). Such
shortcuts can also involve weighty decisions about a person’s
deservingness and moral character, as workers quickly “put a fix on
people” asking for their help (Maynard-Moody and Musheno, 2003,
21). Judges are no less insulated from this phenomenon, and particular-
ly in child maltreatment cases must quickly synthesize a brew of facts
with judgments about character. Thus judges become skilled in
excerpting relevant information from reports and rendering rapid psy-
chosocial and legal judgments.

Occasionally, though, the sidelinedness of caseworkers appeared less a
function of time and expediency than role confusion when judges are
routinely called upon to make decisions that are primarily social or psy-
chological in nature. Consequently, judges sometimes substituted their
own opinions for those of the caseworker. An illustrative example in-
volved a judge who disagreed with a service plan for a father, deciding
to switch him from a domestic violence program to a batterer program,
although conceding that she didn’t “know what batters’ programs consist of” and while also opining that he didn’t need “anger manage-
ment.” In other instances, judges ordered psychiatric or other mental
health services without appearing to consult with caseworkers.

In sum, whether a judge chooses to directly engage or not with case-
workers may be a function of the rules of the adversarial system, and/or
a judge’s particular judicial style, with some judges choosing to more
strictly follow those rules. It may also vary from case to case, based on
such factors as time constraints, the completeness of written reports,
and the value of any additional information, as perceived by the judge.
Overall and over time, engaging little or not at all with caseworkers con-
signs them to a less visible role within the courtroom. It suggests that
despite the caseworker’s greater knowledge and expertise they are of
secondary value in the courtroom.

3.2. Collaboration or conflict?

Child maltreatment cases are a blend of the collaborative and the ad-
versarial. Unlike most other courts, Family Court has an explicit dual
mission, first to adjudicate guilt, and then to rehabilitate. Judges thus
rely on caseworkers both for evidence of guilt, and evidence of rehabil-
itation. In court, caseworkers are the parent’s legal adversary; the agen-
cy they work for is the party that initiated the charge of child
maltreatment, and who must prove that charge in court. How well reha-
bilitation efforts proceed also depends, in part, on a caseworker’s ac-
tions. They are the crucial link for facilitating court orders, and making
sure that the federal mandate that “reasonable efforts” be made to
keep a family together is satisfied where possible. Caseworkers must
also routinely record what they do so that their efforts can be assessed
and the court informed of the family’s progress. Consequently, their
words and their actions are regularly scrutinized by the court.

Caseworkers are also institutional actors that represent the govern-
mental agency they serve, the child protection agency. Such agencies
have long been criticized for inefficiency and ineptness (See for e.g.
Bernstein, 2002). As frontline workers delivering agency services and
reporting to the court, caseworkers’ actions provide a readily available
and highly visible measure of the agency’s performance. They can be-
come the fall guy for what may be systemic agency failures. Alterna-
ively, though, they can be viewed as allies in the quest for a family’s
rehabilitation, despite agency deficiencies, or even individual casework-
er mistakes.

{T] emphasizes praise over condemnation, in order to promote self-
fidelity, and out for respect for individuals (King, 2009). During some
proceedings, some judges showed a greater capacity than others for
positively acknowledging caseworkers. As previously discussed, they
integrated caseworkers into courtroom discussions, thus elevating
their status and importance. They also tended to “cut slack” when a
 caseworker’s records, or actions, fell short, thus suggesting they were
cognizant of the demands on the agency and the caseworkers. They
resisted publically blaming or chastising the caseworker in open court,
and conveyed respect by speaking calmly to caseworkers and maintain-
ing eye contact.

An illustrative example involved a case where the agency had failed
to arrange for needed services within the required time limit for perma-
nency planning. Rather than chastise the caseworker, the judge first ex-
amined the file for the possible reason, noting “I can see there was
another caseworker, so I can see how that may explain the insufficient
efforts.” The caseworker then explained that she was the supervisor,
and that some of the workers were shuffled because a caseworker left
the agency. In a calm, patient, but firm tone, with no hint of harshness
the judge noted that “It’s been more than 2 months…something should
have been done”, and suggested that the agency’s lawyer be used to “get
a bit of muscle behind this.” She concluded by telling the caseworker
“hopefully you can be more effective [than the previous caseworkers]
in getting things done. Because it’s very important that the child receive
these services.” In short, she looked forward, rather than backward, and
did not use the misstep to criticize the worker or the agency.

Some judges also strove to highlight the good work of caseworkers,
and publicly applaud them for their efforts. In one such example, after a
caseworker updated the court on the family’s progress, the attorney for
the children interjected “I just want to express … I’m very pleased with
[how the case has proceeded].” The judge built on this comment, telling
everyone “You’ve all worked very diligently …attorneys, caseworkers.”
By including the caseworker in her praise, alongside the attorneys, she
elevated them to a more equal and important role.
Other times judges treated caseworkers more critically and punitively, especially when confronted with agency slip-ups. In some instances, judges engaged in antagonistic dialogues with caseworkers, speaking in condescending and paternalistic tones while reprimanding and criticizing them. They interrupted or cut-off caseworkers’ responses to their questions, conveying impatience and disdain for their answers, and sometimes spoke in loud tones, slowly articulating their words as though caseworkers could not understand them.

Caseworkers were admonished both for their own mistakes and the perceived failings of the child protection agency overall. An example of the former involved a caseworker whose report was contradicted by several other witnesses, with the judge harshly criticizing the caseworker in open court:

Speaking firmly in a raised voice and confrontational and harsh tones to a caseworker sitting in the back of the courtroom the judge said “Do you want to stand, ma’am? Ma’am, you were aware of the information revealed today regarding Mr. ___’s drug testing? And that they can’t monitor him because he doesn’t attend regularly?” The judge pointed out direct contradictions between what various individuals said in court, and the caseworker’s report. The caseworker admitted her “oversight.” The judge cut her off and turned her attention to the attorney for the child protection agency to demand that the caseworker’s supervisor monitor the case and come to court, stating that “The court cannot rely on this caseworker’s reports.”

In this example the judge showed disregard for the caseworker in several ways. First, the judge referred to her as “Ma’am” rather than her formal name, a sign of disrespect. Second, in contrast to the preceding example, she did not seek to understand the discrepancies, or give the caseworker an opportunity to explain, and further made the global assumption that all of the caseworker’s reports are unreliable. Finally, by demanding that the caseworker’s supervisor monitor the case and come to court, she, in effect, publicly proclaimed the caseworker as inept.

Judges sometimes made little distinction between the caseworkers standing before them and the agency, treating the former as responsible for any and all agency mistakes that may have occurred, regardless of an individual caseworker’s culpability. An illustrative example involved a child who had been injured while in foster care. After reading the case reports, the judge faulted the agency for not responding quickly and appropriately, directing her ire at the caseworker present in the courtroom. Speaking slowly, loudly and deliberately to the caseworker, while frowning her brow in a frown, the judge complained that there was insufficient information about the injuries, which were not treated urgently enough. The caseworker explained that the reports were old, and that agency changes had since taken place. The judge cut her off, saying “So next time you’ll hand in a report that’s accurate”, thus suggesting that despite this explanation, the fault still lay with the caseworker, and should be corrected by her.

In another example, upset that the agency had not held a crucial conference about what services the family needed, but had only “explored” the options, the judge told the caseworker in an impatient and irritated voice, “…‘explore’ means you are doing nothing… I don’t make my rules based on your conferences. If I waited for [the agency] to do conferences the cases will take years. I’ll give you a week and a half for the conference.” As this exchange illustrates, the judge’s general ire and irritation with the agency was visited upon the worker.

In sum, judges rely on caseworkers to play a critical role in the courtroom. Cases cannot proceed without the reports and information they provide, and rehabilitation efforts are more likely to fail if the caseworker does not link parents with needed services and monitor their progress. Caseworkers’ roles and responsibilities in child maltreatment cases, coupled with often negative perceptions of child protection agencies, makes them a potential target for blame and criticism, rightly or wrongly, when cases go awry. At times, judges chose an antagonistic path, highlighting caseworker and agency error, and conveying anger and disapproval in open court, and often in the presence of parents.

Other times, judges took a gentler route, avoiding harshly criticizing caseworkers even when mistakes were made, and treating them as collaborators rather than impediments on the road to a family’s rehabilitation.

4. Discussion

The principles of TJ which emphasizes participatory and respectful interactions, fit well in the milieu of Family Court, where judges and caseworkers have the same goal, to improve a family’s functioning, where possible. While courtroom interactions are often brief, they loom large, setting a case’s path, including caseworkers’ specific tasks and responsibilities. Judges, in essence, also function as leaders, and, as studies of leadership styles have shown, transformative and inspirational leadership can improve a worker’s sense of self-efficacy, while fear and negative thoughts can impair it (Bandura, 1997). Treating caseworkers disrespectfully, or as incompetent, can thus have a ripple effect, impairing how they do their job. The better choice is for the judges to model behavior that invites collaboration and respect.

Similarly, exchanges within court may also set the tone for the caseworker/parent relationship outside of court, and their willingness to comply with court orders. As previous research has found, people are more likely to respect governmental authorities and comply with court orders if they feel they were treated fairly in their interactions with them (Tyler, 2006; Eckberg and Podkopacz, 2004; Paternoster, Brame, Bachman and Sherman, 1997). Negative courtroom interactions, where caseworkers are treated disrespectfully and as less than competent, can undermine the caseworkers’ authority and give parents justification to question or challenge the fairness of their requests. Positive courtroom interactions, where caseworkers are treated as valued and competent, can enhance the parent and caseworker’s relationship by providing parents with a model of cooperative action toward a shared goal.

Family Court, though, is an arena under constant strain. The dual mandate to protect children and fix families places pressure on judges and caseworkers alike, with both working in institutional environments that are short on time, resources and supports. A caseworker’s performance and a judge’s decisions are also continually subject to public scrutiny in the very open space of a courtroom. This scrutiny is often harsh, with caseworkers in particular laboring under popular and often pernicious perceptions of child welfare workers as inept. While much of the hard work of rehabilitating families occurs outside the courtroom, the success and failure of those efforts, including the wisdom of a judge’s decision or the efficacy of a caseworker’s actions, are gauged in the courtroom. Consequently, conflicts and tensions that in other work environments are managed behind the scenes become grist for public discussion and disapproval. This makes caseworkers particularly vulnerable and may explain some of their reported discomfort in the courtroom.

TJ provides a helpful guide to smoothing such exchanges. However, as the findings indicate, judges differed in how much, if at all, they incorporated these techniques in their exchanges with caseworkers. While some judges encouraged collaboration, others invited conflict by chasising caseworkers. Similarly, while some judges were very inclusive of caseworkers, others were less so. They did not routinely invite them to expand upon their assessments and communicated mostly through the agency’s attorney, rather than directly with them.

To be sure, this route of communication is supported by the rules of the adversarial process, and some judges may have been unwilling to bend these rules. Such judges may feel more comfortable directing the dialogue through the attorneys. Notably, though, other judges were willing, and hewed less to the strict rules of the adversarial process and more to the principles of TJ. They spoke directly to caseworkers, soliciting their opinions and insights. As noted earlier, such an approach has proven effective in other specialized problem solving courts,
including mental health and drug courts, and Family Treatment Courts. Especially in regards to caseworkers, who are not the target of child maltreatment proceedings, and hence arguably less in need of the protection adversarial rules provide, a more collaborative, inclusive, respectful and participatory approach would better help the Family Court reach its goal of rehabilitating families.

5. Policy and practice implications

The findings suggest several implications for the selection, training and monitoring of judges. While selection of judges vary from jurisdiction to jurisdiction (some are elected, others appointed), judicial competency, especially in the context of Family Court, should emphasize judicial temperament and style, and the ability to function as an inclusive and inspirational leader of a diverse group of court actors. Training that emphasizes these skills should be implemented on an ongoing basis. Judicial performance evaluations, where judges are observed and feedback provided, could insulate such skills are implemented and maintained. One such program that could serve as a model is the Utah Courtroom Observation Program, which includes courtroom observations and judicial performance surveys based on such criteria as respectful behavior, neutrality and voice (Woolf and Jennifer Yin, 2011). These data are then used to inform decisions on judicial retention and to train judges. In a similar vein, to improve their performance in court, case-workers should receive enhanced training in courtroom procedures and expectations and effective methods of communication.

Mechanisms for diffusing tensions in the courtroom between judges and case-workers should also be explored. One approach is to structure opportunities for judges, case-workers and supervisors to interact outside of the courtroom for the purpose of making (non-case) specific suggestions on how to collaborate more effectively. Mechanisms could also be incorporated that invite both judges and case-workers to provide feedback to agency supervisors and court administrators on systemic problems. On an individual level, case specific conflicts involving case-workers could be addressed in sidebars between the attorneys or the judge’s chambers, rather than an open courtroom.

6. Limitations and future research

One limitation of this study is that it is limited to a snap shot in time and does not capture any prior interactions between the parties, which may affect present interactions. As an observational study, it also does not include such unobservable factors as case-workers’ level of preparation, background and experience. It is thus limited to interactions that are directly observable in a courtroom, the focus of the study.

Another limitation of this study is that it is limited to observations conducted in a single Family Court, located in an urban area, and which may be dissimilar to other Family Courts on various dimensions, including the severity and number of cases and the characteristics of respondents and case-workers. An additional limitation is that the influence of gender or ethnicity on judge/caseworker interactions could not be analyzed because there was little variation within the groups. Of the eight judges observed, only one was a male, (who was also the only Latino) and only one was African-American. Similarly, of the 98 case-workers observed, only 13 were identified as male, and they often appeared alongside female case-workers. Only 3 case-workers were identified as white, with the rest either Latino or African-American. This lack of with-in group heterogeneity meant comparisons could not be made based on gender or ethnicity.

Future research should explore, through in-depth qualitative interviews, how judges and case-workers perceive and experience each other. This would shed additional light on factors that may influence judge/caseworker interactions. Studies involving a more demographically diverse Family Court, and in non-urban locations, would permit a more thorough exploration of the dynamics of ethnicity, gender and place.

References


