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Latent class analysis of non-opioid dependent illegal pharmaceutical opioid users in Ohio

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Abstract

Background—Increases in non-medical use of pharmaceutical opioids in the U.S. have resulted in increases in opioid dependence and unintentional overdose deaths. We characterize heterogeneity in opioid use patterns among a community-based sample of 18–23 year-olds who use non-medical pharmaceutical opioids, yet are not opioid dependent.

Methods—Respondent-driven sampling recruited 390 participants. Latent class analysis stratified by racial/ethnic group identified subgroups of non-medical opioid users based on: six-month frequency of use; number of opioid disorder criteria; oral vs. non-oral administration; number of types of opioids used; use of CNS depressants while under using opioids; and reason for opioid use. Multinomial logistic regression estimated the significance of covariates in predicting class membership.

Results—Within whites and non-white groups, three classes emerged that were, generally, hierarchically ordered with respect to negative characteristics associated with non-medical opioid use. Within each group, the class with the least negative characteristics also had the highest proportion of individuals who use opioids only to self-medicate a health problem. Within each

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Contributors

R. Carlson, R. Falck, and R. Daniulaityte designed the study and wrote the protocol. R. Carlson wrote the first draft of the Introduction, non-statistical methods, parts of the results and discussion and made final edits. R. Daniulaityte revised sections of the Introduction, Results, and drafted the sections of the Discussion. R. Nahhas conducted statistical analyses, prepared tables and drafted the statistical methods and some results. L. Li maintained the database and prepared variables for analysis. Silvia Martins helped to design the statistical analyses and commented on the manuscript. R. Falck revised, edited, and commented on the penultimate draft of the paper. All authors contributed to and have approved the final manuscript.

Conflict of Interest

All authors declare that there are no conflicts of interest.

group's three classes, a larger proportion who had 2 opioid abuse and dependence disorder criteria always coincided with a larger proportion who use opioids 3 days per week, a larger proportion who used CNS depressants while under the influence of opioids, and a smaller proportion who used opioids only to self-medicate.

Conclusion—Differences in patterns of opioid use within each racial/ethnic group of young people who are not opioid dependent suggest the need for tailored interventions designed to reduce the risk of transition to opioid dependence.

Keywords

non-medical pharmaceutical opioid use; latent class analysis

1. INTRODUCTION

Pharmaceutical opioids are medically valuable drugs that can be used to treat pain effectively, when prescribed and used appropriately (Yaksh and Wallace, 2011). Regardless, the non-medical use of pharmaceutical opioids has increased substantially in the United States since the late 1990s (Cicero et al., 2005; Drug Abuse Warning Network, 2003; Johnston et al., 2012). For example, from 2002 to 2010, past month non-medical use of pharmaceutical opioids increased from 4.1 to 4.5% among 18–25 year-olds (SAMHSA, 2011). The problem is manifest worldwide, including Canada, Australia, and parts of Europe (Fischer and Rehm, 2007; Hall and Farrell, 2011; Holmes, 2012).

In the United States, increases in non-medical pharmaceutical opioid use have resulted in increases in opioid dependence and unintentional overdose deaths (Centers for Disease Control and Prevention, 2011) and increasing risks of heroin initiation (Lankenau et al., 2012; Peavy et al., 2012; Siegal et al., 2003). Simultaneously, the number of prescriptions for opioids has increased substantially (Manchikanti et al., 2010; Paulozzi and Ryan, 2006; Webster et al., 2011).

To develop effective public health interventions, more data are needed to better understand the heterogeneity of non-medical pharmaceutical opioid users (Zacny et al., 2003). Previous studies have described general characteristics, such as sources of opioid diversion (Inciardi et al., 2009), initiation into non-medical opioid use (Daniulaityte et al., 2006; Lankenau et al., 2012), motivations for opioid use (Boyd et al., 2006; McCabe et al., 2009), gender differences in non-medical opioid use (Simoni-Wastila et al., 2004), and HIV risk behaviors associated (Surratt et al., 2006). Other studies have used latent class analysis (LCA) to describe the heterogeneity of pharmaceutical opioid users using a range of different objectives and samples (national and treatment-based; Ghandour et al., 2008; Green et al., 2011; Monga et al., 2007; Vaughn et al., 2012).

This study describes heterogeneity in the pattern of non-medical pharmaceutical opioid use (henceforth referred to as “opioids”) among a community-based sample of 18–23 year-olds who were not opioid dependent and had no history of heroin use or non-medical drug injection. We also examine how socio-demographic characteristics, use of other drugs, abuse of, or dependence on, other drugs, pain disorder, and psychiatric comorbidity are related to class membership (Ghandour et al., 2008). The study uses baseline data from our three-year natural history project designed to identify characteristics associated with transition to opioid dependence.

2. METHODS

2.1. Sample recruitment

Respondent-driven sampling (RDS) was used to recruit 390 participants in the Columbus, Ohio, area between April 2009 and May 2010 (Heckathorn, 1997; 2002). Standard RDS methods were used, including limiting referrals to three per eligible person and compensating referrers \$15 for each person presenting at the project office for an eligibility determination (Wang et al., 2005; 2007). Our use of RDS is described in Daniulaityte and colleagues (2012).

2.2. Eligibility

Eligibility included: 1) being 18–23 years old; 2) self-reporting the non-medical use of pharmaceutical opioids on five or more occasions in the previous 90 days; 3) expressing intentions to use pharmaceutical opioids again; 4) residence in the Columbus, OH, metropolitan area; and 5) identifying opioids s/he reported having used on a pill card similar to the one used in the National Survey on Drug Use and Health (NSDUH) (Caviness et al., 2006), except that the card did not have the drug names listed, to help verify the reported use of opioids. Young adults were deemed *ineligible* if they met DSM-IV criteria for lifetime opioid dependence, as ascertained with the DSM-IV Checklist (Forman et al., 2004; Hudziak et al., 1993), reported heroin use or any illicit injection drug use, had pending criminal charges, or were involved in formal substance abuse treatment.

2.3. Data collection and measures

Baseline structured questionnaires were administered by trained interviewers in private offices following completion of an informed consent. Protocols were approved by the Wright State University IRB. The baseline questionnaire was largely a computer-assisted, interviewer-administered instrument. Participants were compensated \$50 for completing a 1.5–2.5 hour baseline interview.

The questionnaire collected data in a number of areas, including six-month frequency of use of various drugs. Lifetime opioid abuse and dependence were assessed using the DSM-IV checklist. The computerized version of the Diagnostic Interview Schedule (DIS) was used to ascertain lifetime abuse and dependence on other drugs, mental health disorders and pain disorder (Robins et al., 1999).

Frequency of drug use was collected through author-generated items employed in previous studies (Carlson et al., 2005; Falck et al., 2005; Siegal et al., 1998). The frequency of drug use question was: “During the past six months, how often did you use [drug]?” Response options ranged from “never/none” to “daily” use. For opioids, responses were collapsed to: “1 days/week” (“low level of use”); “about two days/week;” (corresponding roughly to “weekend use”); and “3 days per week (“greater use”). Other drugs were collapsed to “Yes/No.” Opioid abuse and dependence disorder criteria were collapsed to < 2 versus ≥ 2. Route of administration was captured by asking: “In the past six months, how did you most often use [drug]?” collapsed to oral/non-oral. Number of different types of opioids used was ascertained by asking if participants had used 12 different opioid types, ranging from hydrocodone to oxycodone. Number of types of opioids used were collapsed to ≤ 2 versus >2. To determine the number of lifetime legitimate opioid prescriptions, we asked: “Have you ever received a prescription for “pain pills” for a health problem you experienced, like dental pain, broken bones, back pain, or after surgery?” Followed by: “In the past six months, how many times have you been prescribed “pain pills” for a “legitimate” health problem?” To determine concurrent use of opioids and alcohol or tranquilizers, we asked: “In the past 6 months, how often did you use [drug] when you were

under the influence of “pain pills?” Response options were categorized as “sometimes” versus “never.” Reasons for opioid use were captured by asking: “In the past 6 months, did you use ‘pain pills’ illicitly to get ‘high’ “ and/or “to self-medicate a health problem?”

2.4. Statistical analysis

Descriptive statistics (mean and SD, n and %) for all variables were compared across ethnic/racial groups using t-tests for continuous variables and chi-square tests for categorical variables (Fisher’s exact test was used when any cell counts were < 5).

Latent class analysis (Lazarsfeld and Henry, 1968; Magidson and Vermunt, 2004) was used to identify subgroups of opioid users that were heterogeneous with respect to the latent construct, “pattern of non-medical use of opioids.” The significance of demographic covariates (age, years since first non-medical use of pain pills, gender, education, employment, financial resources, relationship status, and residence status) as predictors of latent class membership were tested using multinomial logistic regression after the LCA was fit using the 3-step procedure, which takes into account the uncertainty in assigning latent class membership to individuals (Vermunt 2010, Asparouhov and Muthén, 2012). Interactions for pairs of significant covariates were tested as well. Hypothesis tests were conducted at the 0.05 level of significance. Means and proportions of all covariates and auxiliary variables were then compared across classes using posterior probability-based multiple imputations (Asparouhov, 2007).

Latent class indicators of “patterns of non-medical opioid use” included: six-month frequency of use; number of opioid abuse and dependence disorder criteria (< 2 versus ≥ 2); oral versus non-oral administration; number of different types of opioids used (≤ 2 versus > 2); use of CNS depressants (alcohol or tranquilizers) while under the influence of opioids (yes/no); and reason for opioid use (“to get high” only; to “self-medicate” only; or both). Decisions regarding which variables to include as latent class indicators were made based on goodness of fit of the LCA model. Some auxiliary variables we considered for inclusion as indicators of the latent construct (e.g., most common source of opioids, ever had a legitimate opioid prescription, ever sold opioids) were too highly correlated with the other indicators, resulting in a violation of the local independence assumption; therefore, these were excluded from indicators. Whether and how to collapse categories was based on model interpretability. In general, binary variables were preferred and categories were collapsed to have approximately equal counts in each level, although this was not always possible. Frequency of opioid use was collapsed to three levels, since a binary split was felt to oversimplify this variable.

Preliminary analyses demonstrated that there was a lack of measurement invariance between ethnic/racial groups (non-whites vs. whites). That is, ethnic/racial groups differed not only quantitatively in terms of their proportions of individuals in different classes, but also qualitatively—the pattern of large and small within-class conditional probabilities of the latent class indicators differed between groups. Therefore, distinct LCAs were carried out for non-whites and whites. For each LCA, we first fit models with differing numbers of classes. The choice of the optimal number of classes was based on: a) the statistical criteria Akaike’s Information Criterion (AIC), Bayesian Information Criterion (BIC), and the Bootstrap Likelihood Ratio Test (BLRT); b) latent class separation; c) homogeneity; d) local independence; and e) interpretability (Collins and Lanza, 2010). Lower AIC and BIC are preferred, as is a BLRT p-value < 0.05 (indicating rejection of the null hypothesis that a K-1 class model is sufficient where the alternative hypothesis is that a K class model is necessary). Latent class separation and homogeneity are subjective judgments about the distinctness (between classes) of the conditional distributions of the indicators and about the similarity of response patterns between individuals within classes, respectively. Latent class

separation is greatest when response patterns with high probability in one class have low probability in other classes. Homogeneity is greatest when, within a class, all conditional probabilities are either 0 or 1 (Collins and Lanza, 2010). Local independence states that the indicators are independent given the latent classes and is the primary assumption of an LCA. Within-class pairwise independence was assessed by computing bivariate residuals and then summarizing them as a bivariate chi-square statistic (BVCS). A BVCS > 2 indicates that the local independence assumption may be violated for that pair of indicators.

Latent class prevalences were computed based on estimated posterior probabilities, not simply based on each individual's most likely class membership. The LCA, the multinomial logistic regression, and the comparison of means and proportions across classes were carried out simultaneously in Mplus 7 (Muthén and Muthén, 2012).

3. RESULTS

3.1. Socio-demographic characteristics and indicator, covariate, and auxiliary variable distributions

Socio-demographic characteristics, covariates, and auxiliary variables overall and by ethnic/racial grouping (referred to as "group") are presented in Table 1. The mean age was 21.0 years, and 54.6% were men. Whites (192) constituted 49.2% of the sample; among the 198 non-whites, 88.4% were African American, 3.0% Hispanic/Latino, 3.0% Asian/Pacific Islander, 5.1% were biracial (African American/other), and one was Somali/white.

On average, participants had been using opioids non-medically for about four years, with a mean age of initiation of 16.9 years. In the previous six months, immediate-release oxycodone products were the most commonly used opioids (92.3%), followed by hydrocodone (83.6%), oxycodone (29.0%), codeine (25.9%), morphine (7.7%), "other pain medication" (7.7%), hydromorphone (6.7%), methadone (6.4%), buprenorphine/naloxone - sublingual (4.4%), fentanyl (1.3%), and oxymorphone (0.3%). Indicator variables and their descriptions are presented in Table 2.

White and non-white groups differed on a number of variables (Tables 1 and 2). For example, six-month frequency of opioid use and the proportion administering opioids orally was greater among non-whites ($p < 0.001$; Table 2). The proportions of individuals who used more than two kinds of opioids ($p = 0.003$) and who used opioids and other CNS depressants were greater among whites ($p = 0.016$).

3.2. Optimal number of latent classes

Model selection criteria did not unanimously point to the same optimal number of classes. For both groups, the four-class model was ruled out based on higher (worse) AIC and BIC, and failure of the BLRT to reject the null hypothesis that a three-class model is sufficient. For both groups, the three-class model was preferred to the two-class model based on better adherence to the local independence assumption, with only two BVCS > 2 for the three-class model for whites and no BVCS > 2 for the three-class model for non-whites, but 4 (whites) or 2 (non-whites) pairs of indicators exhibiting a BVCS > 2 for each of the two-class models. Additionally, the three-class models exhibited adequate latent class separation and homogeneity and were highly interpretable. Therefore, the three-class models were chosen.

3.3. Conditional probabilities of latent class indicators and latent class definitions

The within-class distributions of the latent class indicators are shown in Table 3, by ethnic/racial group. The within-group class numbering (1 to 3) reflects a rough ordering of the

groups from most to least negative pattern of opioid use. Individual conditional probabilities differ between groups, and their joint distributions differ markedly.

Among non-whites, Class NW-1 has more negative characteristics, with larger proportions of individuals having a high frequency of opioid use, having ≥ 2 opioid disorder criteria, who have used > 2 different kinds of opioids, and who have used CNS depressants with opioids. Not all those in Class NW-1 have a high frequency of use, however, with 27% using < 2 days per week. Class NW-2 is characterized by having a large proportion (87%) of individuals who use opioids about two days per week, and low proportions with ≥ 2 opioid disorder criteria or use of other CNS depressants with opioids. Class NW-3 is characterized by the least negative characteristics, with 100% using opioids < 2 days per week, none with ≥ 2 opioid disorder criteria, and little use of CNS depressants with opioids. Almost everyone in the NW classes used opioids orally.

Class W-1 is similar in some ways to Class NW-1 with generally more negative characteristics than the other white classes. Class W-1 is distinguished from the other classes by having the lowest proportion using < 2 days per week, highest proportion with ≥ 2 opioid abuse and dependence disorder criteria, highest proportion using other CNS depressants with opioids, and 100% reporting use to “get high and self-medicate.” Class W-2 has a mix of individuals who use opioids < 2 days per week (62%) and individuals who use opioids 3 days per week (29%). Rather than being distinguished by frequency of use, Class W-2 is characterized by having a very low proportion (30%) of individuals who use opioids orally, a high proportion using more than two different kinds of opioids, a high proportion who use CNS depressants while under the influence of opioids, and 99% using opioids to get high only. Class W-3 is characterized by having the least negative characteristics, including low frequencies of opioid use, a low proportion with ≥ 2 opioid disorder criteria, and almost all reporting oral opioid use.

3.4. Predictors of latent class membership

Based on the results of the multinomial logistic regression, the significant predictors of latent class membership were age (both groups) and education (whites only; Table 4). The age \times education interaction was not significant.

3.5. Comparison of covariates and auxiliary variables between classes

Compared to other NW classes, participants in Class NW-1 had a significantly larger mean number of days drunk in the previous 30 days, larger proportions having mental health disorders, higher proportions using other drugs such as marijuana and MDMA, and higher proportions having alcohol abuse or dependence or marijuana dependence (Table 5). Within each group, the class with the least negative characteristics (NW-3 and W-3) had higher proportions who obtained opioids for free or left over from legitimate prescriptions, although this difference was only significant within whites. In other words, individuals in classes with more negative characteristics were more likely to buy or steal opioids from others or “doctor shop.”

Among whites, participants in class W-2 were more likely to use several other substances (Table 5). The white classes differed significantly in their proportions of individuals with pain, with almost 90% of those in Class W-1 (the class with 100% using to self-medicate) reporting having pain. Proportions reporting having pain were high regardless of group or class, ranging from 75% to 83% among non-whites and 69% to 89% among whites. However, classes within groups did not differ significantly in having pain disorder.

4. DISCUSSION

Our findings indicate that the pattern of non-medical use of opioids among non-opioid dependent young adults varied both between and within ethnic/racial groups. Within each group, we found three subgroups that were, in general, hierarchically ordered with respect to negative characteristics associated with opioid use. Within each group, the class with the least negative characteristics (NW-3 and W-3) is also the class which has the highest proportion of individuals who use opioids only to self-medicate a health problem. Within each group's three classes, a larger proportion who have ≥ 2 opioid disorder criteria always coincided with: a larger proportion who use opioids ≥ 3 days per week, a larger proportion who used other CNS depressants while under the influence of opioids, and a smaller proportion who use only to self-medicate (and almost always coincided with a larger proportion who used more than two types of opioids). Between groups, however, there were differences in the distinctions between class characteristics and frequency.

Interestingly, almost all the non-whites administered opioids orally, while there was some variation among whites. Class W-2 had the highest rate of non-oral opioid administration (snorting) and also had the highest proportion of individuals using opioids to get high only. Non-whites had no group with these characteristics. Higher proportions of snorting opioids among whites is consistent with higher proportions reporting cocaine and other stimulant use, which are often snorted.

Those who were older (both groups) were more likely to be in classes having more negative characteristics (NW-1; W-1). Although not statistically significant, those in classes with more negative characteristics had been using opioids to get high for a longer period of time, as expected.

Comparison of covariates and auxiliary variables across the latent classes provides additional insight into the differences between these classes, although we are unable to ascribe causality in either direction (Table 5). For example, we cannot conclude that poorer mental health causes increased non-medical opioid use or vice versa, only that such an association was observed among non-whites in our sample. Unlike one prior study finding gender to be an important factor in predicting characteristics of opioid users (Wu et al., 2010; Green et al., 2011), gender had no significant association with the identified classes.

The illegal use of opioids coupled with other CNS depressants, like alcohol and benzodiazepines, can be life-endangering (e.g., Jones et al., 2012). Members of classes NW-1 as well as W-1 and W-2 had high proportions of concomitant use of opioids and CNS depressants placing them at high risk of potential overdoses.

Our findings contrast substantially with other studies of opioid users, in part, by the comparatively high representation of non-whites, the vast majority of whom were African American. Based on prior literature, we did not anticipate recruiting a high proportion of African Americans, but our assessment of RDS (Daniulaityte et al., 2012) suggests a high level of in-group recruitment among whites and African Americans, suggesting high levels of social distance. Importantly, this social distance is validated by our LCA that found significant "qualitative" differences between whites and non-whites. Findings indicate there may, in fact, be more nonmedical pharmaceutical opioid use among young African Americans than previously indicated by national epidemiologic monitoring, at least in the study location.

In a study with college students, McCabe and colleagues (2009) found that self-treatment of pain was more prevalent among African Americans, while recreational use was more common among white opioid users. Overall, ethnic/racial groups in our study did not differ

in motivations for use (Table 2). However, in our study, which was not limited to college students, among whites, higher education was a predictor of being more likely to be in class W-2 compared to W-3, and class W-2 was comprised almost entirely of individuals who use opioids only to get high (recreational use as defined by McCabe and colleagues (2009).

McCabe and colleagues (2009) hypothesized that using opioids to self-treat pain would be associated with fewer substance abuse problems, compared to recreational (equivalent of our “to get high” category) or “mixed” (recreational and self-treatment) users. This was supported in their study, and was supported in ours, as well. Among whites and non-whites, the classes with the highest proportion of individuals who use opioids only to self-medicate (NW-3 and W-3) had the least negative characteristics associated with opioid use. Also, consistent with their study, members of classes NW-1, W-1, and W-2 who used opioids to get high or to get high and self-medicate, also had higher levels of negative characteristics as McCabe and colleagues (2009) hypothesized. The significance of reasons for opioid use reinforces prior suggestions of the need for population-based epidemiological surveys to differentiate non-medical pharmaceutical opioid users by their motivations of use, which could influence intervention approaches (Zacny and Lichtor, 2008).

Regardless of group or class, proportions of members reporting having pain in our study were consistently high, ranging from 69% to 89%, although Class W-1 had significantly higher levels of pain, compared to Classes W-2 and W-3. High levels of having pain across classes may explain why proportions having pain disorder did not differentiate subgroups. Passik and colleagues (2006) also found a high proportion of prescription drug users (n=109) having pain (76%) upon entering substance abuse treatment in Kentucky. In a study of 237 community-based opioid users recruited in Maine (Heimer et al., 2012), 40% reported pain that interfered with their daily lives. We need to further differentiate the reasons participants in our study reported having pain.

Findings from other LCA analyses of opioid users differ substantially from ours because of differences in samples and study objectives. However, some similarities are noted. Based on NSDUH data, one study used LCA to identify heterogeneity of risk among 1,783 adolescents (12–17 years) reporting lifetime use of non-medical opioids (Vaughn et al., 2012). The four classes identified were generally hierarchically ordered with respect to levels of risk and substance use (although quite different indicators were used). While we also found a hierarchical ranking of classes with respect to negative characteristics associated with opioid use among classes, our study is based on young adults who were actively involved with non-medical use of opioids. In addition, Vaughn and colleagues (2009) found that African Americans were more likely than whites to be members of a high delinquency and low substance use class but less likely to be members of a high risk and high substance use/low delinquency class. In contrast, Class NW-1 is characterized by high frequencies of opioid and other drug use and negative characteristics associated with opioid use.

Limitations are noted. Our study was conducted in the Midwest U.S., so the findings may not be generalizable to other areas. Second, we attempted to make the sample as representative as possible by using respondent-driven sampling, but it may contain biases, including those related to employment and income levels. In addition, we lack a reliable measure of socioeconomic status; the recruited sample was very young, and some participants were still financially dependent on their families, making assessment complicated. Third, the age range of the sample was limited to 18–23 year-olds to capture those who arguably are at greater risk for opioid misuse and at risk of transition to dependence. Fourth, the use of a geographic indicator auxiliary variable may have provided some insight into the class distinctions, but we lack one that is meaningful. Finally, the

findings are based on self-report, but there is substantial support for the validity of self-report data (Adair et al., 1995; Darke, 1998).

In summary, our study provides new information about the heterogeneity of illicit opioid users who represent an age group (18–23) with the highest rates of illicit opioid use. Since our study focused on a community-based sample of non-medical users who were not opioid dependent (DSM-IV) and non-injectors, study findings can help tailor early interventions to address the unique needs and differential levels of risks associated with illicit opioid use. Young, non-dependent illicit pharmaceutical opioid users are an important population for interventions designed to reduce the risk of transition to opioid dependence, possible transition to heroin use, and unintentional overdose death. Future studies will identify characteristics associated with increases in opioid dependence criteria and transition to heroin, over three years.

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Table 1

Socio-demographic characteristics, covariates and auxiliary variables, overall and by ethnic/racial group (significant differences, $p < 0.05$, are in **bold**).

Variable	Time Period	All (n=390)		Non-White (n=198)		White (n=192)		SD	p
		Mean	SD	Mean	SD	Mean	SD		
Age	--	21.0	1.7	21.1	1.7	21.0	1.6	0.566	
Years since first opioid use to get high	--	4.1	2.1	3.9	2.1	4.3	2.0	0.025	
Number of days drunk	Previous 30 days	3.8	5.7	2.8	4.9	4.8	6.4	0.001	
Variable	Time Period	n	%	n	%	n	%		
Gender (male)	--	213	54.6	96	48.5	117	60.9	0.018	
Education (some college)	Lifetime	154	39.5	62	31.3	92	47.9	0.001	
Employed	Current	259	66.4	111	56.1	148	77.1	0.000	
Financial resources ¹	Current	171	43.8	71	35.9	100	52.1	0.002	
Single	Current	264	67.7	134	67.7	130	67.7	1.000	
Lives in own place	Current	159	40.8	77	38.9	82	42.7	0.506	
Most common source of opioids ²	Previous 6 months	173	44.4	100	50.5	73	38.0	0.017	
Legitimate opioid Rx	Lifetime	271	69.5	127	64.1	144	75.0	0.027	
Sold opioids	Lifetime	183	46.9	90	45.5	93	48.4	0.625	
Given opioids away	Lifetime	193	49.5	88	44.4	105	54.7	0.055	
Good to excellent health	Previous 6 months	319	81.8	160	80.8	159	82.8	0.703	
Has pain	Lifetime	310	79.5	158	79.8	152	79.2	0.977	
Pain disorder	Lifetime	114	29.2	65	32.8	49	25.5	0.140	
ASPD	Lifetime	104	26.7	64	32.3	40	20.8	0.014	
Depression	Lifetime	127	32.6	64	32.3	63	32.8	1.000	
GAD	Lifetime	44	11.3	25	12.6	19	9.9	0.489	
Mania	Lifetime	63	16.2	35	17.7	28	14.6	0.489	
PTSD	Lifetime	83	21.3	53	26.8	30	15.6	0.010	
Used alcohol	Previous 6 months	347	89.0	169	85.4	178	92.7	0.031	
Used tranquilizers	Previous 6 months	125	32.1	37	18.7	88	45.8	0.000	
Used cigarettes	Previous 6 months	303	77.7	135	68.2	168	87.5	0.000	

Variable	Time Period	All (n=390)		Non-White (n=198)		White (n=192)		SD	p
		Mean	SD	Mean	SD	Mean	SD		
Used marijuana	Previous 6 months	301	77.2	141	71.2	160	83.3	0.006	
Used cocaine	Previous 6 months	53	13.6	10	5.1	43	22.4	0.000	
Used stimulants	Previous 6 months	60	15.4	7	3.5	53	27.6	0.000	
Used MDMA	Previous 6 months	84	21.5	39	19.7	45	23.4	0.438	
Used LSD	Previous 6 months	63	16.2	9	4.5	54	28.1	0.000	
Used alcohol with opioids	Previous 6 months	221	56.7	102	51.5	119	62.0	0.047	
Used tranquilizers with opioids	Previous 6 months	51	13.1	18	9.1	33	17.2	0.026	
Used marijuana with opioids	Previous 6 months	256	65.6	115	58.1	141	73.4	0.002	
Used cocaine with opioids	Previous 6 months	12	3.1	5	2.5	7	3.6	0.570	
Used stimulants with opioids	Previous 6 months	10	2.6	0	0.0	10	5.2	0.001	
Used hallucinogens with opioids	Previous 6 months	25	6.4	9	4.5	16	8.3	0.187	
Alcohol abuse	Lifetime	108	27.7	54	27.3	54	28.1	0.940	
Alcohol dependence	Lifetime	111	28.5	50	25.3	61	31.8	0.189	
Marijuana abuse	Lifetime	20	5.1	7	3.5	13	6.8	0.223	
Marijuana dependence	Lifetime	115	29.5	60	30.3	55	28.6	0.804	
Amphetamine abuse or dependence	Lifetime	22	5.6	6	3.0	16	8.3	0.040	
Tranquilizer abuse or dependence	Lifetime	34	8.7	12	6.1	22	11.5	0.087	
Cocaine abuse or dependence	Lifetime	24	6.2	5	2.5	19	9.9	0.003	

¹ Yes=Earn \$ 16K/year or financially dependent on family (or both); No=Earn < \$16K/year and financially independent of family

² Yes=Left over from a legitimate Rx; or free from friends, acquaintances, or relatives; No=Bought from friends, acquaintances, relatives, or strangers; stole from relatives; or doctor shopping (no participants reported stealing from friends, acquaintances, or strangers, or obtaining pain pills over the internet)

Indicators of the latent construct, “pattern of non-medical opioid use,” overall and by ethnic/racial group (significant differences, $p < 0.05$, are in **bold**).

Table 2

Indicator	Time Period	Level	All participants (n=390)		Non-white (n=198)		White (n=192)		p	
			n	%	n	%	n	%		
Frequency of non-medical opioid use	Previous 6 months	< 2 days per week	175	44.9	64	32.3	111	57.8	<0.001	
		About 2 days per week	122	31.3	82	41.4	40	20.8		
		3 days per week	93	23.8	52	26.3	41	21.4		
Opium abuse and dependence disorder criteria	Lifetime	2		161	41.3	92	46.5	69	35.9	0.045
Oral opioid administration	Previous 6 months	Yes	326	83.6	190	96.0	136	70.8	<0.001	
Different kinds of opioids used	Previous 6 months	> 2	185	47.4	79	39.9	106	55.2	0.003	
Used CNS depressants ^a with opioids	Previous 6 months	Yes	229	58.7	104	52.5	125	65.1	0.016	
Used opioids to ...	Previous 6 months	Get high only	125	32.1	59	29.8	66	34.4	0.534	
		Self-medicate only	63	16.2	35	17.7	28	14.6		
		Both	202	51.8	104	52.5	98	51.0		

^a Alcohol or tranquilizers

Table 3
Latent class prevalences and conditional probabilities of latent class indicators by ethnic/racial group (n=390)

Indicator	Ethnic/racial group:		Non-White			White		
	NW-1	NW-2	NW-3	W-1	W-2	W-3	Prevalence:	
Frequency of non- medical opioid use	53%	29%	18%	35%	26%	39%		
< 2 days per week	0.27	0.00	1.00	0.44	0.62	0.67		
About 2 days per week	0.31	0.87	0.00	0.22	0.10	0.27		
3 days per week	0.42	0.13	0.00	0.34	0.29	0.06		
Opioid abuse and dependence criteria (2)	0.78	0.16	0.00	0.52	0.42	0.18		
Oral opioid administration (vs. other)	0.94	0.97	1.00	0.71	0.30	0.98		
Different kinds of opioids used (>2)	0.65	0.07	0.19	0.72	0.70	0.30		
Used CNS depressants with opioids ^a	0.76	0.36	0.10	0.85	0.71	0.44		
Used opioids to:								
Get high only	0.29	0.35	0.23	0.00	0.99	0.22		
Self-medicate only	0.07	0.19	0.47	0.00	0.00	0.37		
Both	0.63	0.46	0.31	1.00	0.01	0.41		

^a Alcohol or tranquilizers

Table 4

Odds ratios (95% confidence intervals) for significant predictors of latent class membership (significant odds ratios, $p < 0.05$, are in **bold**; all significant predictors (covariates) are in the model simultaneously).

Variable	NW-1 vs. NW-2	NW-1 vs. NW-3	NW-2 vs. NW-3
Age (years)	1.27 (1.01, 1.60)	1.32 (1.01, 1.72)	1.04 (0.78, 1.37)
	W-1 vs. W-2	W-1 vs. W-3	W-1 vs. W-3
Age (years)	1.31 (1.00, 1.70)	1.04 (0.77, 1.42)	0.80 (0.61, 1.04)
Education (Some college)	0.77 (0.33, 1.81)	1.96 (0.81, 4.78)	2.55 (1.01, 6.46)

Table 5

Comparison of covariates and auxiliary variables across latent classes, by ethnic/racial group (significant differences, $p < 0.05$, are in **bold**). (n=390)

Ethnic/racial group:		Non-White (n=198)			White (n=192)				
Class label:	NW-1	NW-2	NW-3	W-1	W-2	W-3			
Prevalence:	53%	29%	18%	35%	26%	39%			
Variable	Time Period	Mean	p	Mean	p	Mean	p		
Age	--	21.37	20.79	20.71	0.117	21.24	20.61	21.03	0.137
Years since first opioid use to get high	--	4.19	3.55	3.42	0.161	4.69	4.35	4.03	0.200
Number of days drunk	Previous 30 days	4.06	1.30	1.46	0.003	5.28	5.19	4.03	0.584
Variable	Time Period	%	p	%	p	%	p		
Gender (male)	--	49.9	52.7	37.5	0.385	65.3	62.2	56.3	0.622
Education (some college)	Lifetime	30.9	32.3	30.9	0.984	50.1	51.8	43.4	0.772
Employed	Current	56.2	57.6	53.1	0.924	77.6	79.7	74.9	0.883
Financial resources ¹	Current	35.4	41.4	28.4	0.450	59.0	47.6	49.1	0.369
Single	Current	67.9	70.8	61.8	0.693	67.5	73.1	64.4	0.765
Lives in own place	Current	39.9	37.4	38.3	0.959	46.3	46.9	36.9	0.597
Source of opioids (legit and/or free) ²	Previous 6 months	47.7	49.0	61.4	0.461	27.0	34.0	50.1	0.037
Legitimate opioid Rx (yes)	Lifetime	69.3	54.1	65.0	0.203	73.6	67.8	80.9	0.532
Sold opioids	Lifetime	55.1	35.4	32.9	0.054	54.0	48.5	43.6	0.523
Given opioids away	Lifetime	48.6	35.2	47.0	0.251	60.5	45.1	55.9	0.321
Good to excellent health	Previous 6 months	74.6	86.0	90.9	0.084	79.0	86.3	83.8	0.579
Has pain	Lifetime	83.4	76.1	75.1	0.577	89.1	68.8	77.4	0.016
Pain disorder	Lifetime	31.4	28.0	45.1	0.282	26.6	23.2	26.2	0.929
ASPD	Lifetime	42.2	27.1	11.1	0.010	20.8	27.9	16.3	0.565
Depression	Lifetime	43.2	21.2	17.5	0.007	36.3	39.8	25.3	0.339
GAD	Lifetime	19.5	4.2	5.6	0.005	15.2	6.4	7.6	0.257
Mania	Lifetime	22.0	10.8	15.7	0.196	15.9	23.0	8.0	0.172
PTSD	Lifetime	32.5	18.0	23.6	0.139	21.1	12.8	12.9	0.372
Used alcohol	Previous 6 months	93.4	74.9	77.9	0.010	94.9	95.5	89.0	0.434

Variable	Time Period	Ethnic/racial group:			Non-White (n=198)			White (n=192)			p
		Class label:	NW-1	NW-2	NW-3	W-1	W-2	W-3			
	Prevalence:		53%	29%	18%	35%	26%	39%			
			Mean	Mean	Mean	p	Mean	Mean	p		
Used tranquilizers	Previous 6 months		28.7	6.6	8.4	0.001	54.2	52.2	34.5	0.116	
Used cigarettes	Previous 6 months		70.9	66.6	62.5	0.727	88.4	95.4	81.5	0.119	
Used marijuana	Previous 6 months		80.8	61.3	58.2	0.024	90.9	83.5	76.7	0.066	
Used cocaine	Previous 6 months		7.0	1.9	4.2	0.333	15.4	45.9	13.1	0.004	
Used stimulants	Previous 6 months		5.4	1.1	1.7	0.372	28.2	41.9	17.8	0.164	
Used MDMA	Previous 6 months		27.8	11.2	9.2	0.036	25.1	30.3	17.5	0.537	
Used LSD	Previous 6 months		5.6	3.9	2.5	0.781	27.2	46.8	16.8	0.046	
Used alcohol with opioids	Previous 6 months		74.3	35.4	9.2	<0.001	84.1	65.0	41.0	<0.001	
Used tranquilizers with opioids	Previous 6 months		16.6	0.6	0.4	<0.001	19.4	28.5	8.0	0.077	
Used marijuana with opioids	Previous 6 months		70.3	45.9	40.9	0.005	87.5	73.5	61.3	0.001	
Used cocaine with opioids	Previous 6 months		4.1	0.1	1.7	0.124	3.0	9.9	0.1	0.080	
Used stimulants with opioids	Previous 6 months		0.0	0.0	0.0	NA ³	2.6	12.7	2.5	0.179	
Used hallucinogens with opioids	Previous 6 months		8.3	0.3	0.0	0.014	15.2	9.6	1.6	0.025	
Alcohol abuse	Lifetime		39.5	14.8	10.8	0.001	30.3	32.8	23.1	0.676	
Alcohol dependence	Lifetime		36.5	9.7	16.5	<0.001	37.0	35.8	24.6	0.369	
Marijuana abuse	Lifetime		4.5	2.0	3.1	0.689	9.1	6.2	5.1	0.691	
Marijuana dependence	Lifetime		43.5	19.1	8.8	<0.001	35.3	35.4	18.5	0.120	
Amphetamine abuse or dependence	Lifetime		5.7	0.1	0.0	0.050	9.9	13.7	3.5	0.185	
Tranquilizer abuse or dependence	Lifetime		9.8	0.2	4.2	0.006	12.8	24.5	1.9	0.009	
Cocaine abuse or dependence	Lifetime		3.3	1.6	1.7	0.848	12.4	15.1	4.4	0.202	

¹ Yes=Earn \$16K/year or financially dependent on family (or both); No=Earn < \$16K/year and financially independent of family

² Yes=Left over from a legitimate Rx; or free from friends, acquaintances, or relatives; No=Bought from friends, acquaintances, relatives, or strangers; stole from relatives; or doctor shopping (no participants reported stealing from friends, acquaintances, or strangers, or obtaining pharmaceutical opioids over the internet)

³ None of the non-white participants used stimulants with opioids