Basic Facts about Low-Income Children

Children 12 through 17 Years, 2012

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Children under 18 years represent 23 percent of the population, but they comprise 34 percent of all people in poverty. Among all children, 45 percent live in low-income families and approximately one in every five (22 percent) live in poor families. Among our oldest children, adolescents age 12 through 17 years, 41 percent live in low-income families and 19 percent live in poor families. Being a child in a low-income or poor family does not happen by chance. Parental education and employment, race/ethnicity, and other factors are associated with children’s experience of economic insecurity. This fact sheet describes the demographic, socio-economic, and geographic characteristics of adolescents and their parents. It highlights the important factors that appear to distinguish low-income and poor children in this age group from their less disadvantaged counterparts.

How many adolescent children age 12 through 17 years in the United States live in low-income families?

There are more than 24 million adolescents age 12 through 17 years in the United States
- 41 percent – 10.0 million – live in low-income families
- 19 percent – 4.7 million – live in poor families

Figure 1: Adolescents by family income, 2012

Note: Above low income is defined as at or above 200% of the federal poverty threshold (FPT), poor is defined as below 100% of FPT, and near poor is between 100% and 199% of the FPT. The low-income category includes both the poor and the near poor.
The percentage of adolescent children living in low-income families (both poor and near poor) has been on the rise – increasing from 36 percent in 2006 to nearly 41 percent in 2012 (Figure 2). During this time period, the overall number of adolescent children age 12 through 17 years remained relatively constant, while the numbers who were low-income and poor increased by 12 percent and 21 percent, respectively (Table 1).

<table>
<thead>
<tr>
<th>2006</th>
<th>2012</th>
<th>Percent change</th>
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<tbody>
<tr>
<td>Low-income</td>
<td>8,869,538</td>
<td>9,972,886</td>
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<tr>
<td>Poor</td>
<td>3,915,175</td>
<td>4,741,894</td>
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What is the 2012 federal poverty threshold (FPT)?
- $23,364 for a family of four with two children
- $18,480 for a family of three with one child
- $15,825 for a family of two with one child

Is a poverty-level income enough to support a family?
Research suggests that, on average, families need an income equal to about two times the federal poverty level to meet their most basic needs. Families with incomes below this level are referred to as low income:
- $46,728 for a family of four with two children
- $36,960 for a family of three with one child
- $31,650 for a family of two with one child

These dollar amounts approximate the average minimum income families need to make ends meet, but actual expenses vary greatly by locality. In 2010–2011, the cost of meeting basic needs for a family of four was about $64,000 per year in Los Angeles, California; $57,000 in Newark, New Jersey; $46,000 in Indianapolis, Indiana; and $42,000 in Jackson, Mississippi.

Has the percentage of adolescents living in low-income and poor families changed over time?

Figure 2: Adolescents living in low-income and poor families, 2006–2012
How do adolescents compare to the rest of the population?

The percentage of adolescents in low-income families surpasses that of adults. In addition, children age 12 through 17 years are more than twice as likely as adults 65 years and older to live in poor families (Figure 3).

Does the percentage of children in low-income families vary by children’s age?

The overall percentages of children under 18 years who live in low-income and poor families vary by age group. Adolescents are less likely to live in low-income families than younger children (Figure 4).

- 41 percent of children age 12 through 17 years – 10.0 million – live in low-income families
- 19 percent of children age 12 through 17 years – 4.7 million – live in poor families
- 47 percent of children under age 12 years – 22.3 million – live in low-income families
- 24 percent of children under age 12 years – 11.4 million – live in poor families
Does the percentage of adolescents in low-income families vary by race/ethnicity?

As Figure 5 illustrates, the percentages of low-income and poor adolescents vary by race and ethnicity: whites comprise the largest share of all low-income children (39 percent) while whites and Hispanics make up the largest shares of poor children (34 percent each).5

But black, American Indian, and Hispanic children are disproportionately low-income and poor (Figure 6).

◆ 28 percent of white adolescents – 3.8 million – live in low-income families

◆ 60 percent of black adolescents – 2.1 million – live in low-income families

◆ 60 percent of Hispanic adolescents – 3.2 million – live in low-income families

◆ 34 percent of Asian adolescents – 0.4 million – live in low-income families

◆ 58 percent of American Indian adolescents – 0.1 million – live in low-income families

◆ 40 percent of adolescents of some other race – 0.4 million – live in low-income families

Does the percentage of adolescents in low-income families vary by parents’ country of birth?6

◆ 54 percent of adolescents of immigrant parents – 3.1 million – live in low-income families

◆ 37 percent of adolescents of native-born parents – 6.9 million – live in low-income families
What are the family characteristics of low-income and poor adolescents?

**Parents’ Education**

Higher levels of parental education decrease the likelihood that a child will live in a low-income or poor family. Among children with at least one parent with some college or additional education, 28 percent live in low-income and 12 percent in poor families. By contrast, among children whose parents have less than a high school degree, 83 percent live in low-income and 51 percent in poor families (Figure 8).

- 83 percent of adolescents with parents who have less than a high school degree – 2.3 million – live in low-income families
- 60 percent of adolescents with parents who have a high school degree but no college – 3.0 million – live in low-income families
- 28 percent of adolescents with at least one parent who has some college or additional education – 4.7 million – live in low-income families

At the same time, significant shares of low-income and poor families with adolescent children are headed by parents with at least some college education, as shown in Figure 7.

**Parents’ Employment**

Adolescents with a full-time, year-round employed parent are less likely to live in a low-income family, compared to adolescents with parents who work part-time/part-year or who are not employed (Figure 8).

- 28 percent of adolescents with at least one parent who works full-time, year-round – 5.0 million – live in low-income families
- 8 percent of adolescents with at least one parent who works full-time, year-round – 1.4 million – live in poor families
- 72 percent of adolescents with no parent who works full-time, but at least one parent who works part-time or part-year – 2.9 million – live in low-income families
- 43 percent of adolescents with no parent who works full-time, but at least one parent who works part-time or part-year – 1.7 million – live in poor families
- 88 percent of adolescents with no employed parents – 2.1 million – live in low-income families
- 69 percent of adolescents with no employed parents – 1.6 million – live in poor families
Nevertheless, many low-income and poor adolescents have parents who work full time. About half of low-income and 29 percent of poor children in this age group live with at least one parent who worked full-time, year-round.

**Family Structure**

Forty-seven percent of adolescents in low-income families – 4.7 million – and 37 percent of adolescents in poor families – 1.7 million – live with married parents. Children who live with two married parents are much less likely to be poor or low-income compared to children who live with a single parent.

- 29 percent of adolescents residing with married parents – 4.7 million – live in low-income families
- 11 percent of adolescents residing with married parents – 1.7 million – live in poor families
- 64 percent of adolescents residing with a single parent – 4.4 million – live in low-income families
- 36 percent of adolescents residing with a single parent – 2.5 million – live in poor families

**Does the percentage of adolescents in low-income families vary by where they live?**

**Region**

The percentage of adolescents in low-income families varies substantially by region.

- 35 percent of adolescents in the Northeast – 1.5 million – live in low-income families
- 38 percent of adolescents in the Midwest – 2.0 million – live in low-income families
- 44 percent of adolescents in the South – 4.0 million – live in low-income families
- 43 percent of adolescents in the West – 2.5 million – live in low-income families

**Residential Instability and Home Ownership**

Research suggests that stable housing is important for healthy child development. However, adolescents living in low-income families were about two times as likely as other children to have moved in the past year and more than three times as likely to live in families that rent, rather than own, a home (Figure 10).

- 16 percent of adolescents in low-income families – 1.6 million – moved in the last year
- 8 percent of adolescents in families with above the low-income threshold – 1.1 million – moved in the last year
- 56 percent of adolescents in low-income families – 5.6 million – moved in the last year

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Figure 9: Percentage of adolescents in low-income families by region, 2012
Consistent with research suggesting older children in general are particularly at risk of being uninsured, low-income and poor adolescents are more likely to be without health insurance coverage than their younger counterparts. Approximately 13 percent living in low-income families and 13 percent living in poor families report no insurance coverage of any kind (Figure 11). Public insurance reaches more than one-half (61 percent) of low-income and nearly three-fourths (74 percent) of poor adolescents, while private health insurance covers close to one-third (31 percent) of low-income and 18 percent of poor adolescents (Figure 12).

- 13 percent of adolescents living in low-income families – 1.3 million – are uninsured
- 31 percent of adolescents living in low-income families – 3.1 million – are covered by private insurance
- 61 percent of adolescents living in low-income families – 6.1 million – are covered by public insurance
To find comparable information for all children, see Basic Facts about Low-Income Children: Children under 18 Years, 2012; for infants and toddlers, see Basic Facts about Low-Income Children: Children under 3 Years, 2012; for young children, see Basic Facts about Low-Income Children: Children under 6 Years, 2012; for middle children, see Basic Facts about Low-Income Children: Children 6 through 11 Years, 2012.

Endnotes

1. In this fact sheet, poverty is defined as family income less than 100 percent of the federal poverty threshold, as determined by the U.S. Census Bureau; low income is defined as family income less than 200 percent of the poverty threshold.


4. These figures were derived from NCCP’s Basic Needs Budget Calculator.

5. In the most recent ACS, parents could report children’s race as one or more of the following: “White,” “Black,” “American Indian or Alaska Native,” or “Asian and/or Hawaiian/Pacific Islander.” In a separate question, parents could report whether their children were of Hispanic origin. For the data reported, children whose parent reported their race as White, Black, American Indian or Alaska Native, or Asian and/or Hawaiian/Pacific Islander and their ethnicity as non-Hispanic were assigned a non-Hispanic category of their race. Children who were reported to be of more than one race were assigned as Other. Children whose parent identified them as Hispanic were categorized as Hispanic, regardless of their reported race.

6. The variable “native-born parents” is defined to mean that both parents in the family were born in the U.S. or its territories, or born abroad to American parent(s). The variable “immigrant parents” is defined to mean that at least one parent in the family is either a U.S. citizen by naturalization or is not a citizen of the U.S.

7. Parents’ education is defined as the education level of the most highly educated parent living in the household. Parents can either have no high school degree, a high school degree but no college, or some college or more.

8. Parents’ employment is defined as the employment level of the parent in the household who maintained the highest level of employment in the previous year. Parents can either have no employment in the previous year, part-year or part-time employment, or full-time, year-round employment. Part-year or part-time employment is defined as either working less than 50 weeks in the previous year or less than 35 hours per week. Full-time, year-round employment is defined as working at least 50 weeks in the previous year and 35 hours or more per week.


10. People can report more than one type of insurance coverage. Children not covered by private or public health insurance at the time of the survey are considered uninsured.