

Description of Additional Supplementary Files

File Name: Supplementary Data 1

Description: U-series data for ML1208 cores. New data from ML1208 sediment cores 17PC, 31BB and 37BB including age-depth relationships, aU concentration data and $^{230}\text{Th}_{\text{xs},0}$ activity data. Uncertainties are reported at the 1 s.d. level.